The Cycle Tourist: Everything You Need To Know To The ULTIMATE Organised Cycling Holiday: How To Prepare For A Long Distance Cycling Tour

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Everything You Need To Know To The Ultimate Organised Cycling Holiday



The Cycle Tourist: Everything You Need to Know to Book the ULTIMATE Organised Cycling Holiday: How to Prepare for a Long Distance Cycling Tour by Mara Wells

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Are you looking for an active and rewarding way to explore the great outdoors? If so, then an organised cycling holiday is the perfect option for you.

Organised cycling holidays are a great way to experience the beauty of the countryside while getting some exercise. They are also a great way to meet new people and make friends.

If you are thinking about booking an organised cycling holiday, there are a few things you need to know. Here is a comprehensive guide to everything you need to know about organised cycling holidays:

###

What is an organised cycling holiday?

An organised cycling holiday is a cycling trip that is planned and organised by a tour operator. The tour operator will take care of all the logistics, such as booking accommodation, arranging meals, and providing maps and directions.

Organised cycling holidays are a great option for people who want to experience the beauty of the countryside without having to worry about the planning and logistics. They are also a great option for people who are new to cycling or who want to improve their fitness.

###

Types of organised cycling holidays

There are many different types of organised cycling holidays available. You can choose from a variety of destinations, durations, and levels of difficulty.

Some of the most popular types of organised cycling holidays include:

- Road cycling holidays: These holidays are designed for cyclists who
 want to ride on paved roads. Road cycling holidays can be
 challenging, but they are also a great way to see the countryside.
- Mountain biking holidays: These holidays are designed for cyclists who want to ride off-road. Mountain biking holidays can be challenging, but they are also a great way to experience the wilderness.
- Family cycling holidays: These holidays are designed for families with children. Family cycling holidays are typically shorter and less challenging than other types of organised cycling holidays.
- Self-guided cycling holidays: These holidays are designed for cyclists who want to travel at their own pace. Self-guided cycling holidays provide you with the freedom to choose your own route and stop whenever you want.

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When choosing an organised cycling holiday, there are a few things you need to consider:

- Your fitness level: Choose a holiday that is appropriate for your fitness level. If you are new to cycling, choose a holiday that is relatively short and easy.
- Your interests: Choose a holiday that is tailored to your interests. If you are interested in history, choose a holiday that visits historical sites. If you are interested in nature, choose a holiday that visits national parks.
- Your budget: Organised cycling holidays can vary in price. Choose a holiday that fits your budget.

###

What to expect on an organised cycling holiday

On an organised cycling holiday, you can expect to:

- Ride your bike: You will spend most of your time on your bike, exploring the countryside.
- Visit interesting places: You will visit a variety of interesting places, such as historical sites, national parks, and charming villages.

- Meet new people: You will meet other cyclists from all over the world. You will have the opportunity to make new friends and share your experiences.
- **Have fun:** Organised cycling holidays are a great way to have fun and get some exercise. You will create memories that will last a lifetime.

###

Tips for planning an organised cycling holiday

Here are a few tips for planning an organised cycling holiday:

- Book early: Organised cycling holidays can fill up quickly, so it is important to book early. This is especially important if you are planning to travel during peak season.
- **Get fit:** Make sure you are fit enough for the holiday you have chosen. If you are not sure, start training a few months before your trip.
- Pack light: You will be carrying your luggage on your bike, so it is important to pack light. Bring only the essentials and leave the rest at home.
- Be prepared for all types of weather: The weather can change quickly on a cycling holiday, so be prepared for all types of weather.
 Bring a raincoat, a hat, and sunscreen.

 Have fun: Organised cycling holidays are a great way to have fun and get some exercise. Relax, enjoy the scenery, and make memories that will last a lifetime.

###

Organised cycling holidays are a great way to experience the beauty of the countryside while getting some exercise. They are also a great way to meet new people and make friends.

If you are thinking about booking an organised cycling holiday, do your research and choose a holiday that is appropriate for your fitness level, interests, and budget. With a little planning, you can have an amazing cycling holiday that you will never forget.

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Additional resources

- Adventure Cycling Association: Routes and Maps
- Bicycle Network
- REI: Expert Advice on Cycling Tours



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