

Prosthetic Restoration and Rehabilitation of the Upper and Lower Extremity



Prosthetic Restoration and Rehabilitation of the Upper and Lower Extremity by Jill Mellick

★★★★☆ 4.8 out of 5

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Prosthetic restoration and rehabilitation of the upper and lower extremity is a complex and challenging process that requires a team of medical professionals. This article provides an overview of the process, from initial assessment to rehabilitation.

Initial Assessment

The initial assessment is a critical step in the prosthetic restoration and rehabilitation process. The assessment team will typically include a physician, a prosthetist, an orthotist, a physical therapist, and an occupational therapist. The team will work together to evaluate the patient's needs and develop a treatment plan.

The assessment will include a physical examination, a review of the patient's medical history, and a discussion of the patient's goals. The

physical examination will focus on the patient's range of motion, strength, and sensation. The review of the patient's medical history will help the team to identify any potential complications that could affect the treatment plan. The discussion of the patient's goals will help the team to develop a treatment plan that meets the patient's individual needs.

Prosthetic Restoration

The goal of prosthetic restoration is to provide the patient with a functional replacement for the lost limb. The type of prosthesis that is used will depend on the patient's individual needs. There are many different types of prostheses available, including:

* Upper extremity prostheses: Upper extremity prostheses can be used to replace a hand, an arm, or a shoulder. The type of prosthesis that is used will depend on the patient's level of amputation and their individual needs. *

Lower extremity prostheses: Lower extremity prostheses can be used to replace a foot, a leg, or a hip. The type of prosthesis that is used will depend on the patient's level of amputation and their individual needs.

Rehabilitation

Rehabilitation is an essential part of the prosthetic restoration process. Rehabilitation helps the patient to learn how to use their new prosthesis and to regain their functional abilities. The rehabilitation process typically includes:

* Physical therapy: Physical therapy can help the patient to improve their range of motion, strength, and balance. *

* Occupational therapy: Occupational therapy can help the patient to learn how to perform activities of daily living with their new prosthesis. *

* Prosthetic training: Prosthetic

training can help the patient to learn how to use their new prosthesis safely and effectively.

The rehabilitation process can be challenging, but it is essential for the patient to achieve their full potential. With the help of a team of medical professionals, the patient can learn to live a full and active life with their new prosthesis.

Prosthetic restoration and rehabilitation of the upper and lower extremity is a complex and challenging process, but it can be life-changing for the patient. With the help of a team of medical professionals, the patient can learn to live a full and active life with their new prosthesis.



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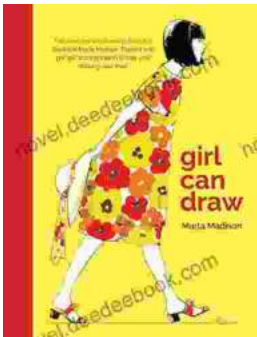
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