

# How to Draw Hands: A Master Series

Drawing hands can be a challenging task, but it is also a rewarding one. Hands are capable of expressing a wide range of emotions and gestures, and they can add a great deal of life and character to your drawings. In this master series, I will teach you how to draw hands in a variety of poses and positions.



## How to Draw Hands (Master series Book 2) by Scott Strand

★★★★★ 5 out of 5

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Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Print length : 38 pages  
Screen Reader : Supported



## Understanding the Anatomy of the Hand

Before you begin drawing hands, it is important to understand the anatomy of the hand. The hand is made up of 27 bones, which are arranged in three groups: the carpals, the metacarpals, and the phalanges. The carpals are the eight bones that make up the wrist. The metacarpals are the five bones that make up the palm of the hand. The phalanges are the 14 bones that make up the fingers and thumbs.

The muscles of the hand are also important to understand. The muscles of the hand are divided into two groups: the intrinsic muscles and the extrinsic muscles. The intrinsic muscles are the muscles that are located within the

hand itself. The extrinsic muscles are the muscles that are located outside of the hand and that attach to the bones of the hand.

## **Drawing the Basic Shape of the Hand**

Once you understand the anatomy of the hand, you can begin drawing the basic shape of the hand. The basic shape of the hand is a trapezoid. The trapezoid is widest at the base and tapers to a point at the top. The thumb is located on the side of the trapezoid, and the fingers are located on the top of the trapezoid.

To draw the basic shape of the hand, follow these steps:

1. Draw a trapezoid.
2. Draw a small circle at the base of the trapezoid for the thumb.
3. Draw four small circles along the top of the trapezoid for the fingers.

## **Drawing the Details of the Hand**

Once you have drawn the basic shape of the hand, you can begin drawing the details of the hand. The details of the hand include the wrinkles, the creases, and the fingernails.

To draw the wrinkles of the hand, follow these steps:

1. Draw a series of short, curved lines along the palm of the hand.
2. Draw a series of short, curved lines along the back of the hand.

To draw the creases of the hand, follow these steps:

1. Draw a long, curved line across the palm of the hand.
2. Draw a series of short, curved lines along the fingers.

To draw the fingernails, follow these steps:

1. Draw a small, oval shape at the tip of each finger.
2. Draw a small, curved line along the top of each oval shape.

## **Drawing Hands in Different Poses**

Once you have mastered the basics of drawing hands, you can begin drawing hands in different poses. Some of the most common hand poses include:

- The open hand
- The closed hand
- The pointing hand
- The grasping hand

To draw hands in different poses, follow these steps:

1. Start by drawing the basic shape of the hand.
2. Add the details of the hand, such as the wrinkles, the creases, and the fingernails.
3. Pose the hand by bending the fingers and the thumb.

Drawing hands can be a challenging task, but it is also a rewarding one. By following the tips in this master series, you will be able to draw hands in a variety of poses and positions. With practice, you will be able to create beautiful and realistic drawings of hands.



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